

Hair. Metal.

For multiple long-haired metalheads.

Duration: variable.

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Each player has a single drum or cymbal set up in front of them, ideally of varying sound qualities. Players listens to a favourite metal track with headphones (that will stay in) and headbangs in such a way that their hair brushes against their drum or cymbal on each beat.

Songs do not need to have the same tempo; players may stagger their entries and endings.