

song to destroy myself / song to destroy the world

For trans femme voice with drum and rattle.

Duration: variable.

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## performance

The performer reads the invocation while circling the drum head with mallet; after the invocation the performer starts drumming (with rattle in hand) and channeling the affect.

## invocation

I really love doing cut-up like destroying everything and making music out of it I especially like writing absolutely anything I want because I know it's going to be destroyed.

Trans young people found it difficult to access health services with 60% feeling isolated from medical and mental health services, and 42% having reached out to a service provider who did not understand or respect their gender identity. [...] Around 3 in every 4 trans young people have experienced anxiety or depression. Four out of 5 trans young people have ever engaged in self-harm, and almost 1 in 2 trans young people have ever attempted suicide (48%).

Cutting is a feminist aesthetic proper to the project of female unbecoming. [...] masochism is an underused way of considering the relationship between self and other, self and technology, self and power in queer feminism. [...] If taken seriously, unbecoming may have its political equivalent in an anarchic refusal of coherence and proscriptive forms of agency.

## References

- [1] Kraus, C. (2017). *After Kathy Acker: A Biography*. St Ives, England: Allen Lane, p.73.
- [2] Strauss, P., Cook, A., Winter, S., Watson, V., Wright Toussaint, D., & Lin, A. (2017). Trans Pathways: The mental health experiences and care pathways of trans young people. Retrieved from <https://www.telethonkids.org.au/our-research/brain-and-behaviour/mental-health-and-youth/youth-mental-health/trans-pathways/>
- [3] Halberstram, J. (2011). *The Queer Art of Failure*. Durham, NC: Duke University Press, p.136.